

What a winter! As usual, it took a few weeks to grow a winter skin, an extra layer less sensitive to the Polar winds. Then we waited for snow with childlike anticipation. It did come and we have been loving it. Some ice at times, some rain. Balmy afternoons one day, frigid mornings the next. Is it time to worry when we start getting accustomed to sea-saw weather patterns? Are they patterns or just erratics in a time of global weirding?

In this winter newsletter, you will hear of baby beet greens, of wormholes and katydids. In the farm section, Justin gives a tour of his new microgreens operation. Then John speaks of home and shows pictures of the renovated North Wing. Finally, we interviewed Deene Morris, who has been coming to Sun Hill with her group for over 20 years.

Simon

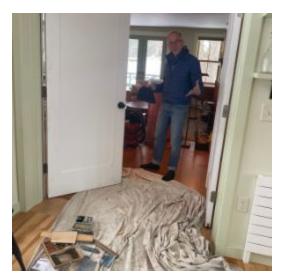
The Farm

<u>Justin gives us a tour of his microgreens operation.</u>

You can find the microgreens at the Putney Coop or order directly through Justin's website: https://leapingbearfarm.eatfromfarms.com/



The Home



Standing in the living room of the old farmhouse, looking a tad perplexed, amidst the last tools and drop clothes used to marry the old and the new - the acoustical doors were just hung, allowing private residency on each side.



Please come join us for a Sun Hill community meal together...last weekend when Action Theater was in residence, we had 5 cooks in the kitchen all at once, creating the meal, dancing, washing, singing and oh yes, eventually eating!



Signs of my aging hand are not dissimilar to the worm holes in this oak floor plank milled from 200 plus year old maple trees on this land, now the flooring of the new North Wing of the Farmhouse. Also note my forefinger pointing to tap holes from the many years of sap harvesting for Vermont maple syrup.



My New York Loft in Vermont....I finally have created a workspace, sleeping area and changing, bath suite for myself!

The Retreat



Deene Morris is a member of the Soul Pod. This group has been coming to Sun Hill Farm for over 20 years. In this short video interview, Deene describes who they are as a group and why they choose to come to Sun Hill every season.

Here is the link to the video with Deene's interview